

SKINPEN MICRONEEDLING PRE-CARE

Procedure: SkinPen

Pain Level: 2/10

Treatment Time: 60 Min

Downtime: Redness, 48 Hrs

- Please be aware that taking Vitamin E, fish oils, and Ginkgo Biloba increase your risk for bleeding and may cause increased inflammation following the treatment.
- Avoid Aspirin 2 weeks before treatment. (Please consult with your physician first before holding ASA therapy).
- Avoid antihistamine and inflammatory drugs before treatment. These negate the effects of the procedure. The body's histamine and inflammatory responses are needed post-procedure.
- Stop Laser Hair Removal, Electrolysis, Waxing, and Depilatory creams one week before treatment.
- Stop topical retinoids (tretinoin and retinoic acid (Retin-A, Renova, Refissa, alpharet) at least three days before treatment.
- If using Accutane, a 3-month waiting period after discontinuation of medication is required.
- If you have a history of cold sores, consider beginning prophylactic treatment with Valtrex or similar no later than the day of treatment.