

SKINPEN MICRONEEDLING AFTERCARE

Procedure: SkinPen

Pain Level: 2/10

Treatment Time: 60 Min

Downtime: Redness, 48 Hrs

- Immediate pinpoint bleeding may occur. While blood is a common finding, it is also not necessary evidence of an effective treatment.
- Avoid strenuous exercise or excessive perspiration, as excess blood flow and sweat, can cause discomfort and irritation to compromised skin.
- Avoid the use of any topical products not provided by your skin care professional for specific use with this procedure. This includes but is not limited to cosmetics, cleansers, sunscreens, moisturizers, etc.
- Strictly avoid sun exposure as you will not be wearing sunscreen. You may return to sunscreen use the day following the procedure. Continue to minimize sun exposure for one week following the procedure.
- Minor redness and swelling will occur for 1-2 days. Minor peeling and flakiness will occur and may last up to two weeks. Don't pick at the loose skin.
- Wash your face with gentle soap and water.
- Sleep on a clean pillowcase the first night. The primary goal is to avoid any dirt from setting into open areas during the first 24 hours.
- Use products recommended by your It's A Secret service provider.
- Please discuss continuing use of your regular regimen post-treatment.
- Avoid makeup for 24 hours following your appointment. Once you resume your makeup routine; use only clean brushes and applicators. Call our office if you experience excessive redness, swelling, pain or drainage as they might indicate an infection.
- Use a sunscreen of 30spf or higher. Sunscreen products should be applied no less than every 30-90 minutes. DO NOT go outside without sun protection (even on a cloudy day).
- Limit exercise for the first 48 hours. Drink plenty of water.