PRP UNDEREYE PRE-CARE

Procedure: PRP Under Eye Treatment Time: 15 Min

Pain Level: 4/10 Downtime: None

1. You may experience some localized swelling, bruising and discomfort at injection site. You might also have some feeling of fullness and pressure in the sinus area.

- 2. You can use cool cloths under eyes for comfort, but DO NOT use ice or heat.
- 3. Don't exercise for 24 hours after treatment.
- 4. Avoid drinking alcohol for 6 weeks post injection to optimize collagen formation.
- 5. Next treatment can be in 4 6 weeks.
- 6. Avoid anti-inflammatory medications (Ibuprofen, Aleve Etc.) for 2-4 weeks post injection. It is OK to take Tylenol (acetaminophen).
- 7. Prednisone or any other corticosteroid should be avoided if possible.



PRP UNDEREYE PRE-CARE

Procedure: PRP Under Eye Treatment Time: 60 Min

Pain Level: 4/10 **Downtime:** Bruising, 96 Hrs

- 1. You may experience some localized swelling, bruising and discomfort at injection site. You might also have some feeling of fullness and pressure in the sinus area.
- 2. You can use cool cloths under eyes for comfort, but DO NOT use ice or heat.
- 3. Don't exercise for 24 hours after treatment.
- 4. Avoid drinking alcohol for 6 weeks post injection to optimize collagen formation.
- 5. Next treatment can be in 4 6 weeks.
- 6. Avoid anti-inflammatory medications (Ibuprofen, Aleve Etc.) for 2-4 weeks post injection. It is OK to take Tylenol (acetaminophen).
- 7. Prednisone or any other corticosteroid should be avoided if possible.

