

MORPHEUS8 PRE-CARE PART 1

Procedure: Morpheus

Pain Level: 7/10

Treatment Time: 60 Min

Downtime: Swelling, 48 Hrs

- 2 WEEKS BEFORE treatment, avoid sun exposure (tans/burns/tanning beds/spray tans)
- 2 WEEKS BEFORE start to use your Regenerating Skin Nectar for optimal results.
- 1 WEEK BEFORE treatment, discontinue all topical products containing Tretinoin (Retin-A), Retinols, Retinoids, Glycolic Acid, Alpha Hydroxy Acid, Vitamin C, or any anti-aging products.
- 10-14 DAYS BEFORE treatment, do not ingest blood thinning medications such as Aspirin, Motrin, Ibuprofen, and Aleve.
 - If you have a cardiovascular history, please check with your doctor prior to stopping the use of blood thinners.
- Also, avoid herbal supplements, such as Garlic, Vitamin E, Ginkgo Biloba, St. John's Wort, and Omega-3 capsules.
- 3 DAYS BEFORE We recommend starting Arnica tablets to minimize bruising.
- 2 DAYS BEFORE treatment, do not drink alcoholic beverages.
- AVOID bleaching, waxing, tweezing, shaving, or using depilatory creams in the treatment area.

MORPHEUS8

PRE-CARE PART 2

- Use sunscreen with UVA/UVB protection with SPF 30 or higher.
- If you have a history of Herpes or cold sores, a course of anti-viral medication before and after treatment is required. Please call our office for a prescription.
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Day of your procedure

- Please come to the office without make-up, creams, gels, or lotions on treatment areas.
- We will have you wash your face (if treating face) when you arrive at the practice.
- A topical anesthetic will be applied to your skin, and you will numb for 45-60 minutes
- Once the treatment is complete, we will apply a topical moisturizer.