DERMAPLANING PRE-CARE

Procedure: Dermaplaning **Pain Level:** 0/10

Treatment Time: 15 Min Downtime: None

Before your Treatment

- 24-48 HOURS BEFORE treatment, discontinue products containing exfoliating agents (retinoic acid, tretinoin, retinol, benzoyl peroxide, glycolic acid, salicylic acid, astringents, etc.).
- AVOID bleaching, waxing, tweezing, or using depilatory creams in the treatment area.
- If you have a history of Herpes or cold sores, a course of anti-viral medication before and after treatment is required. Please call our office for a prescription.

Day of your Treatment

• Please come to the office without makeup, creams, gels, or lotions on treatment areas.

What to expect

 You may experience slight redness and swelling, which should resolve within 24 hours.

After Your Treatment

 24-48 HOURS AFTER treatment, discontinue products containing exfoliating agents (retinoic acid, tretinoin, retinol, benzoyl peroxide, glycolic acid, salicylic acid, astringents, etc.).

• You may resume your regular skincare routine 24 hours after treatment.

Follow-up

• 1 month

