

# DERMAPLANING AFTERCARE

**Procedure:** Dermaplaning  
**Pain Level:** 0/10

**Treatment Time:** 15 Min  
**Downtime:** None

## ***Before your Treatment***

- 24-48 HOURS BEFORE treatment, discontinue products containing exfoliating agents (retinoic acid, tretinoin, retinol, benzoyl peroxide, glycolic acid, salicylic acid, astringents, etc.).
- AVOID bleaching, waxing, tweezing, or using depilatory creams in the treatment area.
- If you have a history of Herpes or cold sores, a course of anti-viral medication before and after treatment is required. Please call our office for a prescription.

## ***Day of your Treatment***

- Please come to the office without makeup, creams, gels, or lotions on treatment areas.

## ***What to expect***

- You may experience slight redness and swelling, which should resolve within 24 hours.

## ***After Your Treatment***

- 24-48 HOURS AFTER treatment, discontinue products containing exfoliating agents (retinoic acid, tretinoin, retinol, benzoyl peroxide, glycolic acid, salicylic acid, astringents, etc.).
- You may resume your regular skincare routine 24 hours after treatment.

## ***Follow-up***

- 1 month